

**29-30 MAY 2019, ATHENS**  
STAVROS NIARCHOS FOUNDATION CULTURAL CENTER

PROGRAMME

WEDNESDAY - May 29, 2019

THURSDAY - May 30, 2019

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|--------------------------|---|-------------------------|---|
| 8:00-9:00                | Registrations   |                         |   |
| 9:00-9:30                | Opening remarks   |                         |   |
| 9:30-11:00               | <p><b>Epidemiology &amp; Prevention of Smoking: Where do we stand?</b><br/>Chairs: <i>Demetrios Kouretas &amp; Mina Gaga</i></p> <ul style="list-style-type: none"> <li>- The Global Burden of Tobacco: The emerging scenery, <i>Adamantia Liapikou</i></li> <li>- Epidemiological data from e-cigarette in Greece, <i>Anastasia Barbouni</i></li> <li>- Prevention of smoking in adolescents: helped or hindered by e-cigarettes?, <i>Lion Shahab</i></li> </ul> | 9:00-11:00              | <p><b>Science - Research – Evidence (PART I)</b><br/>Chair: <i>Stavros Topouzis</i></p> <p><b><i>Epidemiology &amp; Social Issues (Perception risk, Attractiveness etc.)</i></b></p> <ul style="list-style-type: none"> <li>- Electronic cigarette use among adolescents in Greece: A cross-sectional school study in the Metropolitan area of Athens, <i>Nadia Maglara</i></li> <li>- Patterns of use, past smoking status and biochemically verified current smoking status of heated tobacco product (IQOS) shops customers: preliminary results, <i>Efthymia Panagiotopoulou</i></li> </ul> <p><b><i>Toxicology and aerosol chemistry ...</i></b></p> <ul style="list-style-type: none"> <li>- Aldehyde content in the vapour produced by Glo, <i>Nikolaos Vlachos</i></li> </ul> <p><b><i>Biomarkers' evaluation in animal or human studies</i></b></p> <ul style="list-style-type: none"> <li>- Electronic cigarette smoking increases arterial stiffness and oxidative stress to a lesser extent than a single conventional cigarette: an acute and a chronic study, <i>Dimitrios Vlastos</i></li> <li>- Electronic cigarette smoking causes less impairment of platelet function and oxidative stress than tobacco cigarette smoking, <i>Gavriella Kostelli</i></li> </ul> <p><b><i>Preclinical evaluation</i></b></p> <ul style="list-style-type: none"> <li>- The <i>in vitro</i> assessment of a tobacco heating product (GLO), <i>Damien Breheny</i></li> </ul> |

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|             |  |             | <ul style="list-style-type: none"> <li>- A six-month systems toxicology inhalation/cessation study in ApoE<sup>-/-</sup> mice to investigate cardiovascular and respiratory exposure effects of a potential candidate &amp; a candidate MRTP, CHTP 1.2 &amp; THS 2.2 respectively, compared with cigarettes, <i>Bjoern Titz</i></li> <li>- Chronic Toxicity and Lung Tumorigenesis in A/J mice following lifetime exposure to aerosol from the Tobacco Heating System (THS) 2.2 in comparison to exposure to 3R4F reference cigarette smoke, <i>Bjoern Titz</i></li> </ul>   |
| 11:00-11:30 | <b>Coffee Break</b>  |             |  |
| 11:30-13:00 | <b>Tobacco Control – Smoking Cessation</b><br>Chairs: <i>Elias Tsougos &amp; Paraskevi Katsaounou</i><br><ul style="list-style-type: none"> <li>- Organization and operation of a smoking cessation clinic, <i>Kallirrhoe Kourea</i></li> <li>- Smoking Cessation in cardiovascular patients, <i>Georgios Goumas</i></li> <li>- Smoking Cessation in respiratory patients, <i>Zafeiria Barbaressou</i></li> <li>- Should octagenarians quit smoking?, <i>Vassiliki Giannakopoulou</i></li> </ul> | 11:30-13:30 | <b>Science - Research – Evidence (PART II)</b><br>Chairs: <i>Demetrios Kouretas &amp; Ignatios Ikonomidis</i><br><b>Smoking cessation</b><br><ul style="list-style-type: none"> <li>- Effects of Varenicline and nicotine replacement therapy on arterial elasticity, endothelial glycocalyx and oxidative stress during a 3-month smoking cessation program, <i>Margarita Marinou</i></li> <li>- E-cigarette use and biochemically confirmed smoking status of a random sample of vapes shops customers in Greece, <i>Eleni Diamantopoulou</i></li> <li>- Role of healthcare practitioners in enabling and accelerating smoking cessation among their smoker patients- a UK perspective, <i>Sudhanshu Patwardhan</i></li> <li>- Association of flavored nicotine salt pod system use and subsequent switching behavior, <i>Carrie M. Carretta, Jeff Vaughan, and Will Mullen</i></li> <li>- Transitions in adults' cigarette smoking status associated with using JUUL vaping products for three months, <i>Christopher Russell</i></li> </ul> <b>Clinical Assessment and Harm Reduction</b><br><ul style="list-style-type: none"> <li>- Tobacco heating system vs. combustible cigarettes: can lung function parameters be improved?, <i>Francesco Sergio</i></li> <li>- Smoking cessation &amp; novel smoking products, <i>Ignatios Ikonomidis</i></li> </ul> |
| 13:00-13:30 | <b>Keynote Lecture:</b><br>Nicotine vs. smoke: key differences in effects and risks,<br><i>Jacques Le Houezec</i><br>Chair: <i>Ignatios Ikonomidis</i>   |             |  |
| 13:30-14:30 | <b>Lunch Break    Poster Presentation &amp; Discussion</b>   | 13:30-14:30 | <b>Lunch Break</b>   |

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| 14:30-16:30 | <p><b>Tobacco Control – Harm Reduction &amp; Public Health</b><br/> <i>Tobacco Harm Reduction and Tobacco Control: complementary or contradictory?</i><br/> Chairs: <i>Konstantinos Farsalinos &amp; Michael Toumbis</i></p> <ul style="list-style-type: none"> <li>- Harm reduction in smoking. Wolf in sheep's clothing, <i>Paraskevi Katsaounou</i></li> <li>- The Changing Global Picture of Tobacco Harm Reduction, <i>Karl Fagerström</i></li> <li>- The case of snus, <i>Lars Ramstrom</i></li> <li>- Harm reduction in Iceland, <i>Karl Snæbjörnsson</i></li> </ul> <p><b>Panel Discussion:</b> Why is Tobacco Harm Reduction so Divisive?<br/> Panelists: <i>Martin Dockrell, Lion Shahab</i></p>  | 14:30-16:00 | <p><b>Panel Discussion: Clinical practice experience on Smoking Cessation</b><br/> Chair: <i>Michael Toumbis</i></p> <p>Panelists: <i>Angeliki Florou, Kallirrhoe Kourea, Sudhanshu Patwardhan, Vassiliki Doumou</i></p>   |
|             |   | 16:00-16:30 | <b>Coffee Break</b>  |
| 16:30-17:00 | <b>Coffee Break</b>   | 16:30-17:00 | <p><b>Keynote Lecture:</b><br/> The dilemma of smoking addiction in psychiatric patients,<br/> <i>Solomon Rataemane</i><br/> Chair: <i>Anastasia Barbouni</i></p>  |
| 17:00-19:00 | <p><b>Regulation and Public Health &amp; Policy</b><br/> Chairs: <i>Konstantinos Poulas &amp; Anastasia Barbouni</i></p> <ul style="list-style-type: none"> <li>- Implementation of Harm Reduction Policies in Public Health, <i>Kostas Athanasakis</i></li> <li>- How to evaluate the alternative Tobacco Products - FDA's Regulatory Approach, <i>Michael Toumbis</i></li> <li>- A Tobacco Control Plan for England – Challenges and Achievements, <i>Martin Dockrell</i></li> <li>- The case in Greece: Considerations &amp; Opportunities, <i>Dimitris Richter</i></li> </ul> <p><b>Panel Discussion:</b> Main Priorities of Public Health and how to integrate innovative and traditional health policies into an effective Tobacco Control Plan</p> <p>Panelists: <i>Solomon Rataemane, Karl Snæbjörnsson, Karl Fagerström, Sudhanshu Patwardhan, Konstantinos Farsalinos</i></p> | 17:00-18:00 | <p><b>Panel Discussion – Bioethics:</b> Key considerations and how to maximize benefits for smokers and minimize potential harms for youth<br/> Chair: <i>Tina Garani-Papadatos</i></p> <p>Panelists: <i>Lion Shahab, Nikos Dedes, Emilios Negis, Christopher Russell, Manolis Souvatzis</i></p> |
|             |   | 18:00-18:30 | <b>Closing Remarks</b><br>Organising Committee   |